

#### IISER-T/Admin/Med/04/01

April 09, 2020

## **CIRCULAR**

In view of current situation caused by the COVID-19 (Coronavirus) pandemic, the following guidelines are issued, in consultation with Institute Medical Officer for information and guidance:

#### **Specific Guidelines :**

- 1) Since the IISER, Tirupati clinic is not equipped to deal with potential COVID-19 cases, any person suspected with COVID 19 symptoms is asked to visit CORONA OPD at GOVERNMENT MATERNITY HOSPITAL, RUIA HOSPITAL and PADMAVATHI MEDICAL COLLEGE in Tirupati where the right precautions and medical advice can be taken to deal with possible infections.
- 2) If you have to go to the hospital please carry your IISER ID card. You could be stopped by the police but will be allowed through if you are headed to the hospital. If needed you can request for the IISER, Tirupati Ambulance support.
- 3) In case anyone else in the family is feeling unwell, do speak with the Institute's Wellness Clinic doctor without delay (Dr.Vamsikrishna: Mobile No: 9885582954).
- 4) The immediate family of the patient (if s/he is diagnosed as positive) and anyone else in close contact with them is requested to strictly maintain quarantine for the minimum 14 day period needed. Kindly inform the clinic if you are keeping this quarantine, this will help them monitor your well-being during this period.
- 5) Definitely stop any contact with others during this 14 day quarantine period. You may request your friends / neighbours to pick up groceries etc. for you and leave it for you without maintaining any contact during this quarantine period.
- 6) For consultation of any other health issues you are advised to attend concerned OPD at RUIA Government Hospital as all private hospitals are closed for regular OPD during the lockdown period.
- 7) For procuring monthly medicines for chronic illness, you can contact Ms. Nimmy Prasad, Nurse, over phone or WhatsApp on her Mobile No: 9447230382 with your recent prescription. The contact person at Apollo Pharmacy is Mr. Thulasiram (Mobile No: 9381530651).



# भारतीय विज्ञान शिक्षा एवं अनुसंधान संस्थान तिरुपति

INDIAN INSTITUTE OF SCIENCE EDUCATION AND RESEARCH TIRUPATI

(An Autonomous Institute under Ministry of Human Resource Development, Govt. of India) C/o. Sree Rama Engineering College, Rami Reddy Nagar, Karakambadi Road, Mangalam P.O., Tirupati – 517 507, Andhra Pradesh.

### General guidelines :

- 1) Kindly continue to maintain the social distancing that we are all expected to do. If you are taking a walk outside also, please do this with safe distance, using all precautions like mask, hand sanitizers before and after the walk.
- 2) If case you have any pre-existing health condition like diabetes, high blood pressure etc. or are undergoing any treatment, we advise you to consult the doctor. This is to ensure that you are better aware of the risks of COVID19 (if any) and your health can also be monitored if needed.

We sincerely solicit your understanding and co-operation.

Please stay at home and be safe and healthy.

Dr. C P Mohan Kumar Registrar